

A photograph of a dirt path winding through a lush green forest. Sunlight filters through the dense canopy of trees, creating dappled light on the path and surrounding foliage. The trees are tall and leafy, with various shades of green. The path leads from the foreground into the distance, disappearing into the woods.

The Volunteer's Perspective

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Volunteers

- *We are all different*
- *We span the age ranges*
- *We have a wide range of opportunities to chose from*

My Route to Volunteering

- *Career Banker*
- *Early Retirement*
- *Taking Stock*
- *A New Chapter*



My Inspiration

- *The Country Boy*
- *A Forest Walk*
- *A Google Search*
- *A Role close to my Heart*



The Process

- *An Application Form!*
- *The interview*
- *Training*
- *An inspirational team*



Key Learning Points

- *Matching Interests*
- *Horses for Courses*
- *Look before you leap*
- *Giving something back?*



Happy Volunteers



What I Enjoy

- *Sense of Satisfaction*
- *New Knowledge*
- *New Skills*
- *Keeping Fit*
- *Social Interaction*
- *Slower pace & no deadlines!*



My Observations

- *No “one size fits all”*
- *Volunteers & “Pressed Men”*
- *The Age Gap*
- *Third Sector & Third Age*
- *Grey Areas*



A dirt path leads through a dense forest of tall trees with vibrant green foliage. The path is flanked by lush green bushes and ferns. The trees are tall and thin, with their branches reaching high into the sky. The ground is covered in a thick layer of green plants and ferns. The overall scene is a peaceful and beautiful natural setting.

Full Circle

Any Questions

